

Welcome to the Derbyshire Dales Community Champion Update

Our next forum is on Friday 3rd September at 10.00am and is an opportunity for you to share your thoughts, concerns and experiences. The focus for the forum will be an opportunity to talk about how communities are recovering from the Pandemic and your thoughts about community testing and the new antibody test. Email Rachel@ddcvs.org.uk for the meeting link.

➤ Cases in Derbyshire Dales

39 new people had a confirmed positive test result reported on 23 August 2021.

Between 17 August 2021 and 23 August 2021, **209** people had a confirmed positive test result. This shows an increase of **23.7%** compared to the previous 7 days.

➤ Vaccinations in Derbyshire Dales

Vaccines are currently given in 2 doses, at least 21 days apart.

56,856 people had been given a first dose by the end of 22 August 2021.

52,448 people had been given a second dose by the end of 22 August 2021.

➤ Healthcare in Chesterfield Royal Hospital NHS Foundation Trust

5 people with coronavirus went into hospital on 15 August 2021.

Between 9 August 2021 and 15 August 2021, **23** went into hospital with coronavirus. This shows no change compared to the previous 7 days.

There were **17** patients in hospital with coronavirus on 17 August 2021.

There were **4** coronavirus patients in hospital beds with a mechanical ventilator on 17 August 2021.

➤ Deaths in Derbyshire Dales

There were **0** deaths within 28 days of a positive test for coronavirus reported on 23 August 2021.

*(Produced by **Public Health England** — Last updated on Monday 23 August 2021 at 4:00pm)*

Vaccinating 16-17 Year Olds

There has been an excellent uptake of the vaccine among people aged 16 and 17 since the vaccine offer was extended on 6 August. This age group will generally be eligible for a single dose of the Pfizer Biontech vaccination, except in circumstances where there may be additional risk factors, when a second dose will be given after eight weeks. The aim is to offer the vaccine to all 16 and 17 year olds by 23 August, in line with the recently-announced national target. [COVID-19 vaccination – a guide for children and young people](#)

There is still work to be done to reach those aged 18-39, women who are pregnant, breast feeding or considering getting pregnant and the last remaining people in cohort 6 - those adults aged 16 to 65 years in an [at-risk group](#). To support this there are a number of walk-in clinics. For more details click [here](#).

Planning for Covid-19 Vaccination Boosters and Flu

Work continues around planning for the delivery of Covid-19 vaccination boosters in the autumn. **NHS Derby and Derbyshire CCG** are awaiting some national guidance on the specific details of how the booster programme will work, including how it needs to link with the annual influenza programme.

Free Covid-19 testing kits in libraries



Did you know that you can now pick up free Covid-19 testing kits from your local Derbyshire library?

One in 3 people with COVID-19 have no symptoms which means you could be spreading the virus to other, more vulnerable people, without realising it.

Regular testing helps prevent the spread of the virus. Free lateral flow test kits are now available to pick up in all Derbyshire County Council libraries.

[COVID-19 test kits now available in all Derbyshire libraries](#)

Your Health & Wellbeing:



Patients with possible symptoms of cancer - There is concern that people are delaying contacting the NHS when they have symptoms that might be linked to cancer. There was evidence of this initially seen during the pandemic and despite an increase in referrals, there is still concerned that numbers are relatively low. Symptoms might include a persistent cough, lumps and bumps on their skin or a prolonged change in their toilet habits.

NHS England has launched the latest phase of its Help Us Help You Campaign, focusing on cancer symptoms in the abdominal area, urological cancers, and lung cancer; encouraging people with these symptoms to talk to their GP. [Cancer - Signs and symptoms](#)

Free & Friendly Walks -No need to book, just turn up!

Wirksworth:

- Monday 1:45pm: Easy Walk, 60-90 minutes on good surfaces.
- Wednesday 9.45am: Moderate 90-120 minute walk, likely to include stiles and rougher terrain.
- Meet at Leisure Centre Car Park.

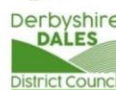
Ashbourne:

- Tuesday 10am: Easy Walk, 30-60 minutes on good surfaces with trained walk leaders at your pace.
- Meet at Pavilion at the top of the Recreation Ground.

A very supportive group which welcomes everyone!

www.derbyshiredales.gov.uk/healthwalks

Helen Milton - 01629 761194



Changes to self isolation rules



The law on self-isolation in England has now changed.

Close contacts of positive COVID-19 cases will no longer need to self-isolate if they are either:

- ✓ double jabbed
- ✓ aged under 18

Instead they will need to take a free PCR test.

[Self-isolation update](#)

Ashbourne Multi-Sports



FREE MULTI-SPORTS ACTIVITIES

11+
Football, Cricket, Basketball, Netball and much more

Ashbourne Rec
Every Friday night,
5.30 to 6.30 PM

Sportsdevelopment@derbyshiredales.gov.uk



Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk

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