



COMMUNITY VOICE

Welcome to the Derbyshire Dales Community Voice Update

NHS
COVID-19 VACCINE 2023

AUTUMN BOOSTERS

Residents and staff in older adult care homes

Everyone aged 65 and over

People aged 6 months to 64 years in a clinical risk group

Frontline health and social care workers

Household contacts of immunosuppressed people aged 12 to 64

Unpaid carers aged 16-64

A Covid vaccine booster will be offered this autumn to people at greatest risk of getting seriously ill.

This follows the latest advice from the Joint Committee on Vaccination and Immunisation (JCVI).

Find out more: <https://www.gov.uk/.../jcv-i-advises-on-eligible-groups...>

NEW!
Free 4 Week Course

REGISTER NOW

Mental Health Through the Seasons

Supporting ways to manage and maintain wellbeing in each season and across a year

Starting Wednesday 20th September 1-3pm
The Greenaway Workshop, Old School Close, Matlock, DE4 2PT

For more information contact sarahlowe@dfmh.co.uk
01629 733915

Derbyshire County Council Public Health Funding

DERBYSHIRE County Council

The Derbyshire Federation for Mental Health
Promoting Independence

Company No 5758432
Charity No 1117141

[Book here](#)

WORLD SIGHT DAY EVENT

for anyone who is visually impaired or would like to know more about sight loss

Simon Mahoney, local Ashbourne author and blind veteran, will be hosting a visual impairment awareness day - an opportunity for both sighted and visually impaired people to learn more about life with a visual impairment.

Find out how to use gadgets to improve your life, and what you need to know on the vision loss pathway. Hear Simon's inspiring story, try some blindfolded experiences, learn how to engage with people from the visually impaired community. To book your place, please contact us on 01335 348600.

conneX
Community Support

WORLD SIGHT DAY Event

HOST SIMON MAHONEY

THE VENUE, WYASTON ROAD, ASHBOURNE

OCT | 12th | 2023

For more information and to book:
Call: 01335 348600 Email: dalesconnex.org.uk

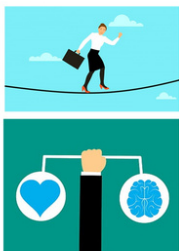
What's on in Darley Dale...



Staying Steady at The Whitworth

A day of Staying Steady is presented to you by
Strictly No Falling and Age UK Derby and
Derbyshire

Thursday 7th September 2023, 11am-2pm



Please come along for information, advice, demonstrations and free refreshments and find out how you can -

LIVE STRONGER FOR LONGER



A REMINDER OF THE REMAINING MEMORY CAFÉ SESSIONS AT WELLSRING CHURCH, WIRKSWORTH

On the 2nd Monday of each month from
2.00pm – 4.00pm

Wirksworth Memory Café

Founded in 2015



Come and join us at Memory Café at Wellspring Church
on 2nd Monday of each month from 2 – 4 pm.

We meet for conversation, craft, games, music and laughter, everyone is welcome including those with memory problems and their carers.

There is no need to book and no charge.

Dates for our 2023 sessions are:

Monday 14th August

Monday 11th September

Monday 9th October

Monday 13th November

Monday 11th December

Sign up to our Cost of Living support emails.



Don't miss out. Visit:
www.derbyshire.gov.uk/costofliving

**HELPING YOU WITH
THE COST OF LIVING**

Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk

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